

Position: \_\_\_\_\_

Date Received: \_\_\_\_\_

Date of Interview: \_\_\_\_\_

Able to Start: \_\_\_\_\_

*Please completely fill out the application below and bring in person with an attached resume to the Salt Lake Running Co., 3142 S. Highland Dr., Salt Lake City, Utah 84106.*

**Full Name:** \_\_\_\_\_  
First Middle Last

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
Street City State Zip

Have you ever shopped at any of the Salt Lake Running Company stores? Yes No

How did you find out about the position? Website Email In-Store Friend  
Other: \_\_\_\_\_

**Education:**

*List the schools of higher education you have attended beginning with the most recent:*

	<b>Name and Location of Institution</b>	<b>Major/Emphasis</b>	<b>Degree/Certification</b>	<b>Grad. Date/Current Status</b>
1				
2				
3				
4				

*List any applicable courses you have taken:* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*List any applicable certifications:* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Please explain how the education you have received can benefit the Salt Lake Running Co.:*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Full Name:** \_\_\_\_\_  
First Middle Last

**Running Background**

*The following questions are only to gain an understanding of your running background. Please answer each question appropriately. If you need to explain further you may use the back of the page to list your explanation.*

- 1. In what year did you begin running? \_\_\_\_\_
- 2. What is the furthest distance you have run in an organized event? \_\_\_\_\_  
2a. What was that event? \_\_\_\_\_
- 3. Are you currently running? Yes No If yes, how many miles per week? \_\_\_\_\_
- 4. Are you currently training for a specific event? Yes No If yes, what event? \_\_\_\_\_
- 5. How many marathons have you run (not a requirement for employment)? \_\_\_\_\_
- 6. Have you ever had a running injury? Yes No  
6a. If yes, what injury(s)? \_\_\_\_\_  
6b. What have you learned from the injury(s)? \_\_\_\_\_

\_\_\_\_\_

7. How did you begin to run? \_\_\_\_\_

\_\_\_\_\_

8. Why do you continue to run? \_\_\_\_\_

\_\_\_\_\_

9. How do you include running in your busy life? \_\_\_\_\_

\_\_\_\_\_

10. What would you tell someone who wants to begin running for the first time?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Full Name:** \_\_\_\_\_  
First Middle Last

**Multisport Background**

*The following questions are only to gain an understanding of your multisport background. Please answer each question appropriately. If you need to explain further you may use the back of the page to list your explanation.*

1. Please check all the activities that you have participated in during the past 12 months:

- |                   |                    |                        |
|-------------------|--------------------|------------------------|
| Running _____     | Yoga _____         | Rock Climbing _____    |
| Swimming _____    | Walking _____      | Organized Sports _____ |
| Road Biking _____ | CrossFit _____     | Fitness Classes _____  |
| Hiking _____      | Mtn Biking _____   | Weight Training _____  |
| XC Skiing _____   | Mtn Climbing _____ | Snow Shoeing _____     |

2. Please list any other activities you enjoy? \_\_\_\_\_

3. Have you ever participated in a triathlon? Yes No

2a. If yes, in what year was your first triathlon? \_\_\_\_\_

2b. What is the furthest distance you have completed in an organized triathlon? \_\_\_\_\_

2c. What is your preferred distance? \_\_\_\_\_

4. Are you currently training for a specific Triathlon triathlon? Yes No

3a. If yes, how much per week? Run \_\_\_\_\_ Swim \_\_\_\_\_ Bike \_\_\_\_\_

3b. If yes, what event? \_\_\_\_\_

5. Have you ever helped another person get started into an activity that you enjoy? Yes No

5a. If yes, briefly describe the situation and what was your involvement.

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**Full Name:** \_\_\_\_\_

First

Middle

Last

### Employment History

Do you have retail experience, if so, for what company? \_\_\_\_\_

Do you have customer service experience, if so, how? \_\_\_\_\_

Have you ever been in a supervisory position, if so, for what company? \_\_\_\_\_

Do you have coaching and/or teaching experience, if so, where? \_\_\_\_\_

Are you currently employed? Yes No If yes, may we contact your current employer? Yes No

*Please list your employment history beginning with your most recent or current employer:*

**1. Employer** \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_

Employer's Phone Number \_\_\_\_\_ Type of business \_\_\_\_\_

Your Title \_\_\_\_\_ Reason for Leaving \_\_\_\_\_

Location: \_\_\_\_\_ Your Responsibilities \_\_\_\_\_

\_\_\_\_\_

**2. Employer** \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_

Employer's Phone Number \_\_\_\_\_ Type of business \_\_\_\_\_

Your Title \_\_\_\_\_ Reason for Leaving \_\_\_\_\_

Location: \_\_\_\_\_ Your Responsibilities \_\_\_\_\_

\_\_\_\_\_

**3. Employer** \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_

Employer's Phone Number \_\_\_\_\_ Type of business \_\_\_\_\_

Your Title \_\_\_\_\_ Reason for Leaving \_\_\_\_\_

Location: \_\_\_\_\_ Your Responsibilities \_\_\_\_\_

\_\_\_\_\_

**4. Employer** \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_

Employer's Phone Number \_\_\_\_\_ Type of business \_\_\_\_\_

Your Title \_\_\_\_\_ Reason for Leaving \_\_\_\_\_

Location: \_\_\_\_\_ Your Responsibilities \_\_\_\_\_

\_\_\_\_\_

Use the back of this page if more room is needed.